

Journal of the British Association of Sport and Exercise Medicine

#### Editor

Karim Khan (Qatar)

#### **Editorial Office**

BMJ Publishing Group Ltd **RMA** House Tavistock Square London WC1H 9JR, UK

#### T: +44 (0)20 7383 6622 F: +44 (0)20 7383 6787/6668 E: bjsm@bmj.com

#### **Guidelines for Authors and Reviewers**

Full instructions are available online at http://bjsm.bmj.com/site/about/ guidelines.xhtml. Articles must be submitted electronically http:// mc.manuscriptcentral.com/bjsm. Authors retain copyright but are required to grant BJSM an exclusive licence to publish http://group.bmj.com/products/ journals/instructions-for-authors/ licence-forms

ISSN: 0306-3674 (print) ISSN: 1473-0480 (online) Impact factor: 3.668

**Disclaimer:** BJSM is published by BMJ Publishing Group Ltd (a wholly owned subsidiary of the British Medical Association) and the British Association of Sport and Exercise Medicine. The owners grant editorial freedom to the Editor of BJSM. BJSM follows guidelines on editorial independence produced by the World Association of Medical Editors and the code on good publication practice of the Committee on Publication Ethics.

BJSM is intended for medical professionals and is provided without warranty, express or implied. Statements in the journal are the responsibility of their authors and advertisers and not authors institutions, the BMJ Publishing Group, the British Association of Sport and Exercise Medicine or the BMA unless otherwise specified or determined by law. Acceptance of advertising does not imply endorsement.

To the fullest extent permitted by law, the BMJ Publishing Group shall not be liable for any loss, injury or damage resulting from the use of Heart or any information in it whether based on contract, tort, or otherwise. Readers are advised to verify any information they choose to rely on.

To the fullest extent permitted by law, the BMJ Publishing Group Ltd shall not be liable for any loss, injury or damage resulting from the use of BJSM or any information in it whether based on contract, tort or otherwise. Readers are advised to verify any information they choose to rely on.

Copyright: © 2014 BMJ Publishing Group Ltd and British Association of Sport and Exercise Medicine. All rights reserved; no part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopying, recording, or otherwise without prior permission

BJSM is published by BMJ Publishing Group Ltd, typeset by Techset, and printed in the UK on acid-free paper.

British Journal of Sports Medicine (ISSN 0306-3674) is published monthly by BMJ Publishing Group and is distributed in the USA by Air Business Ltd. Periodicals postage paid at Jamaica NY 11431 POSTMASTER: send address changes to British Journal of Sports Medicine, Air Business Ltd, c/o Worldnet Shipping Inc., 156-15, 146th Avenue, 2nd Floor, Jamaica, NY 11434, USA.

**Editorials** Competitive match-play tennis under heat i1 6 stress: a challenge for all players OPEN ACCESS I D Périard, M F Bergeron i3 The evolution and impact of science in tennis: 6 eight advances for performance and health OPEN ACCESS **B** M Pluim i5 Heat research guides current practices in 6 professional tennis OPEN ACCESS T S Ellenbecker, K A Stroia

## Reviews

Contents

i7 The development of fatigue during match-play 6 tennis OPEN ACCESS

M Reid, R Duffield

Hydration and thermal strain during tennis in i12 6 the heat OPEN ACCESS M F Bergeron

i18

Recovery interventions and strategies for 6 improved tennis performance OPEN ACCESS M S Kovacs, L B Baker



## Subscription information

British Journal of Sports Medicine is published monthly; subscribers receive all supplements

# Institutional rates 2014

Print £680; US\$1254; €918

### Online

Site licences are priced on FTE basis and allow access by the whole institution. Details available online at http://group.bmj.com/subscribe/?bjsm or contact the Subscription Manager in the UK

## Personal rates 2014

Print (includes online access at no additional cost) £237; US\$463; €320

### **Online only**

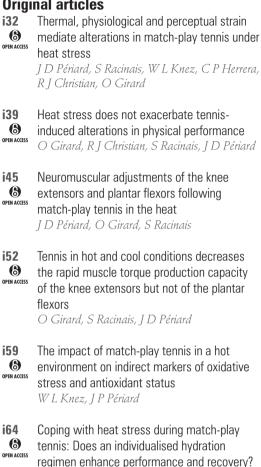
£140; US\$273; €189

ISSN 0306-3674 (print); 1473-0480 (online)

Personal print or online only and institutional print subscriptions may be purchased online at http://group.bmj.com/subscribe/ ?bjsm (payment by Visa/ Mastercard only) Residents of some EC countries must pay VAT; for details, call us or visit www.bmj.com/ subscriptions/vatandpaymentinfo.dtl

- i22 Fitness testing of tennis players: How valuable 6 is it? OPEN ACCESS
  - J Fernandez-Fernandez, A Ulbricht, A Ferrauti

## **Original articles**



This article has been made freely available online under the BMJ Journals Open Access scheme. See http://bjsm.bmj.com/site/about/guidelines.xhtml#open

This article has been chosen by the Editor to be of special interest

J D Périard, S Racinais, W L Knez, C P Herrera,

R I Christian, O Girard



COPE committee on publication ethics

This journal is a member of and subscribes to the principles of the Committee on Publication Ethics www.publicationethics.org.uk

Ŷ

E.C.O.S.E.P.

or importance and is freely available online.



EDITOR'S

6

V.

